



Learn to Paddle Packing List



Program Details: 5 Days, ½ day program

Welcome to Avid4 Adventures Day Camp Programs! The provided packing list serves as a *simple guideline of suggestions* to follow for your time with Avid4 Adventure. Please use your best judgment to the number of items to consider based on the type of program and the needs and tendencies of your camper.

Please label all personal belongings. Avid4 Adventure is not responsible for lost, stolen or damaged items.

All Days:

- **Masks** – We are requesting that all campers bring their own masks in case they become ill at camp.
- Child-sized backpack that can fit the items below
- Please send children in water clothes (that will keep them warm when wet)
- Please send children in a shirt that covers their shoulders for adequate sun protection.
- Closed toe shoes they can get wet, and will stay on in the water– these shoes must protect their toes (no flip flops)
- Towel
- Extra change of clothes
- Warm layer
- Snack. Campers are asked to bring their own mid-morning or mid-afternoon snack
- A full, non-breakable, non-leaking, water bottle labeled with the child's name.
- Sunscreen with child's name clearly labeled
- A hat that provides full sun protection
- Sunglasses (optional)